

# March 2023 - Executive Director Report

---

## Training:

- Tiana and Vanessa: Health Care for Survivors of Sexual Assault & Police Response to Sexual Assault Cases
  - o touch on health care support for survivors of sexual assault including covering components of a forensic exam
  - o The Special Victims Unit investigates sexual assaults, domestic violence, child abuse and missing person's cases. They will touch on Police response to reports of sexual assault
- Val: Adolescent Brain Development:
  - o During the tumultuous stage of adolescence, the brain undergoes significant changes. During this period, adolescents are more likely to engage in risk-taking behaviours, seek out novel and new experiences, and emphasize peer friendships over family relationships. These neurological, hormonal, and behavioural shifts can leave educators, parents, and other caring adults feeling overwhelmed and reactive rather than supportive. This workshop explores the neurobiology and development of the adolescent brain, as well as the subsequent effects on cognition, emotions, physiology, relationships, and behaviour. Participants will leave with new insights and ideas for supporting adolescents as they navigate this critical stage of development.
- Sharon Johnson: Volunteer Management Workshop Series
  - o Training sessions will help build foundational volunteer management knowledge and skills and are designed specifically for non-profit professionals managing volunteers as part of their role.

## Funding/Contracts

- TAPS – Applications for 23/24 funding closes this week. Will be able to apply for the same amount as our last contract.
- Waiting on response for New Spaces funding
- Waiting on response for the Recovery Fund, applicants were supposed to hear in December but have received an email indicating it will now be January.
- Nexus has reached out to let us know they will be renewing our contract for Volunteer drives for 23/24, not an increase but it still makes a difference. They will also be sponsoring 10 Good Food Boxes each month until March 2024.

## Seniors

- We have been partnering with the Lumby and District Health Services Society for some guest speakers and are excited to continue to work together.
- Recently met with the BC Alzheimer's Society about doing a presentation at Saddle Mountain this spring, we are just confirming the date.
- We still continue to have some bumps at the drop-in lunch's, we have new strategies in place and are optimistic it will solve the concerns.

## Counselling

- Waitlist is steady around 10 people. We were down to 4 at one point but we are back up again.
- Another team meeting is scheduled for end of March, they have been reviewing procedures

## Programs

- **School's Out**
  - o Payton is now going to school for her ECE
  - o We had a planning session with Payton and Breanna about the Future Leaders funding with United Way. Breanna will be in charge of more tasks and will be working with some junior staff on projects and also with Jen P with Intergenerational events.
- **Lumby Parent and Tot** – They are continuing to see new faces each week and attendance is great. They have been doing lots of “special days” from Spa Day to clothing exchange etc.
- **Cherryville Parent and Tot** – They have been continuing with Cherry Kitchens and will be wrapping that piece up this month. Celia and Kristie have been working together
- **Cherryville Kids Zone** – The School District approved the program moving back into the school, we have been working with Licensing to be approved, which has taken longer than anticipated. At this point it looks like we will not be back in the school before the program ends at Spring Break but will be ready for fall when the program starts again.
- **School Based Outreach:** Staff are taking courses, continuing with lunch time groups at JWI. Spring break is fast approaching, I'm sure everyone will be happy to re-charge.

## Miscellaneous

- **Income Tax Program:** Beth and Marilyn started the Volunteer Income Tax program last week and will continue until the end of March. The program is open to:
  - o adults 65 years and older
  - o housing-insecure individuals
  - o Indigenous Peoples
  - o Modest-Income individuals\*
  - o Newcomers
  - o Persons with disabilities
  - o Students

- *Respectfully submitted, Christine Lishman*