

Community Organizations & Services

Lumby, Lavington, Cherryville & Area



Whitevalley Community Resource Centre

Email: info@whitevalley.ca

Website: www.whitevalley.ca

Follow us on Facebook: Whitevalley Community Resource Centre

August 2020

Whitevalley Community Resource Centre

2114 Shuswap Avenue, Box 661, Lumby, BC V0E 2G0

Phone: 250.547.8866

Fax: 250.547.6285

www.whitevalley.ca

Email: info@whitevalley.ca

The Whitevalley Community Resource Centre is a community-based, non-profit organization. The Centre was operated under the auspices of the Lumby & District Community Services Society from 1989 until October 1995, it has since grown into the independent society it is today. An Executive Director oversees the daily operations with the support and guidance of the Whitevalley Community Resource Society's Board of Directors. Volunteers are the steady hearted driving force behind the organization.

Mission Statement

Whitevalley Community Resource Centre promotes and supports the health and well-being of our community.

Vision Statement

To provide inclusive and quality service that supports the strengths of the community



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The Whitevalley Community Resource Centre provides an accessible, inclusive resource for people in need of information and assistance. We also offer referrals for individuals to services and helping agencies within the area.

Programs encompass senior's services, parenting, family support, and a peer group for parents.

Counselling is available for families, drug and alcohol prevention, mental health, youth assistance, parents and victims of family violence.

Volunteer Programs

We recruit, train, and place volunteers in various community positions, our programs are always welcoming new helpers.

Counsellors

Valerie Richards, BSW

Sharon Storms, MSW

Jessa Joles, B.A. CRC

Monica Martin, B.A., BSW , RSW

Francisco Luco, RPC, B.A.

Rob Bruce, M.A. Counselling, CCC, CCPA

Zach Heth, B.A., BSW

Drug & Alcohol Counselling

Rob Bruce, M.A. Counselling, CCC, CCPA

Valerie Richards, BSW

School Based Outreach Program

Sharon Storms, MSW

Monica Martin, BSW

Jessa Joles, B.A., CRC

Zach Heth, BSW, B.A.

Counselling and support for students where home or community is impacting their ability to be successful at school. Referral is through school-based team.

Community Mental Health Worker

Valerie Richards, BSW

Rob Bruce, M.A. Counselling, CCC, CCPA

Zach Heth, BSW, B.A.

One-on-one support, life skills coaching, crisis intervention and information referrals to Vernon & Area Mental Health.

Adult Counselling

Francisco Luco, RPC, B.A.

Short term counselling available for a variety of issues including communication skills, anger management, marital, grief and stress.

Resource Library

Containing a wide variety of helping books, pamphlets, and videos on topics such as health (Alzheimer, arthritis, etc.) family (pregnancy, children, etc.), training opportunities (resume writing, public speaking, etc.), and more.

There is also computer access for creating resumes, or printing documents.

Community Information Boards

Boards are located at the White Valley Resource Centre, Village of Lumby Office, Whitevalley Community Hall, Senior Drop-In Lounge, and in Arbor Park. Postings include workshops, special events, and critical information.

Cherryville Parent and Tots

Contact: Kara Zeolkowski

This free drop-in program has music, crafts, cooking, fun times, and includes a healthy snack.

For parents/caregivers and their children aged birth - 6 years. Every Wednesday from 9:00am – 12:30pm at the Cherryville Community Hall.

Good Times Together (Parent and Tots Group)

Contact: Kara Zeolkowski

Located at White Valley Community Hall
2250 Shields Avenue

This free program is for our community's families and their tots Birth - 6.



This drop-in program is semi-structured, providing a fun and social atmosphere for all. There are free play sessions, guest speakers, field trips and much more. We have two childcare providers that help to assist with the child minding while parents have time to meet new friends, listen to guest speakers and learn new skills.

Parents to sign-up on rotation to help with snack.

Thursday's from 9:00am – 12:00pm

September to June

Break over winter.

Watch for the Fall Schedule

- Adventures in Cooking
- Nobody's Perfect Parenting program
- Parenting Isn't Easy
- Parent Child Mother Goose

After School Programs

Kids Space – Kindergarten-Grade.6 – Lumby

September - June

Contact: *Jade Hamilton*

Kid's Zone – Ages 5-12 - Cherryville

November - March

Contact:

All above programs contact 250.547.8866

Community Pride

This program provides young adults aged 15- 29 with up to 40 hours of paid employment. Suitable people are connected with local organizations that mentor youth enabling them to build interpersonal, communication and organizational skills. As well, these opportunities will build job skills, expand resumes, and if available, give access courses such as Food Safe, WCB Level 1 and SuperHost.

Youth who wish to become a part of the Community Pride Employment Program or any local

organizations interested in mentoring a youth, can apply to the Community Pride Employment Program by contacting Jessa at jjoles@whitevalley.ca

Seniors Drop-In

Saddle Mountain Place Saddle

Held At: 1751 Glencaird Street

Mondays, Wednesdays and Fridays

9:00am – 1:30pm.

Seniors are welcome to join us for great food and fun activities including

- Hot, nutritious lunch
- Guest speakers
- Wellness sessions
- Crib tournaments
- Bingo
- Exercise
- In/outdoor games
- Crafts
- Sing-a-longs
-and more.

Respite for caregivers and spouses is available during the Drop-In program.

For information on various activities call Colleen at 250-547-8866

**For clarification, more information
or to sign up for these programs
please call us at 250.547.8866**



Medical and Health Services

Public Health Nurse

2135 Norris Avenue **547.2164**
Box 520, Lumby BC V0E 2G0 **Fax: 547.6931**

Health Nurse: Heather Serafin

(Early Childhood Development, Communicable Disease, School Health, Reproductive Health, Breastfeeding, Mothers Support)
Options for Sexual Health

Wednesday 6:00PM - 9:00 PM

For appt. **250.547.9741**, Drop-Ins Welcome

Lumby & District Health Services Society

2135 Norris Avenue **547.9741**
Box 520, Lumby BC V0E 2G0 **Fax: 547.9743**

X-Rays: Tuesday 9:15AM - 1:45PM

Thursday & Friday 9:30AM – 1:45PM

Lab: Tuesdays 7:30AM – 9:45 AM

Thursday 12:30PM – 2:15PM

HIV, Hep, Eye Testing:

Every 4th Wednesday 12PM – 2PM

Contact: Lyndsay De Jong

www.lumbyhealthcentre.org

info@lumbyhealthcentre.org

Free water quality testing kits & info

Lumby I.D.A Pharmacy

1960 Vernon Street, Box 1030 **547.2324**
Lumby BC, V0E 2G0 **Fax: 547.9593**

Pharmacist/Owner: Judy Phillips

Bloom Wellness Centre

2135 Norris Avenue Box 247 **547.6066**
Lumby BC, V0E 2G0 **Fax: 547.6164**

Monday 9AM – 1PM Tues-Fri 9AM-5PM

Kevin J. Acton, RMT

Dr.Dwayne R Hackett, DC

Kenysa Koroll, RMT

Monashee Dental Centre

2000 Norris Avenue. Box 700
Lumby BC, V0E 2G0

Dr.Paula Windsor-Lee

547.2104

Dr.Remy Winklmeier

Monday - Friday 8:30AM – 5:00PM

mdcsmile@outlook.com

Diabetic Clinic

558.1210

By referral from your doctor to Vernon Jubilee
Hospital

Open in Vernon

Monday – Friday 8AM - 4PM

Ambulance Service BC

1785 Miller Street Lumby BC

542.4303

Contact: Geoff Bick, Unit Chief

Vernon Home & Community

541.2200

Care Health Services Centre

Fax: 541.2244

Interior Health Authority

4505 – 25th Street Vernon BC V1T 4S8

Acute & Long Term Health Care Services upon
referral from client, family, physician or other
agencies. Monday – Sunday 8:00AM-4:30PM

Contact: Intake Clerk for new referrals

Take Off Pounds Sensibly

(T.O.P.S) 2 Clubs

547.6240

Contact: Diana Higgins

Weigh-in Fee \$4.00 / month

Membership Fee \$48.00 / year

FOR EMERGENCY PLEASE CALL 911



Lumby and District Social Services

Lumby Food Bank

Emergency Short Term Food Aid

NEW LOCATION: **547.2225**

2134 Shuswap Ave., Lumby, BC V0E2G0

Contact: **Bob Wilkinson**

Call ahead by the 2nd Tuesday of the month

Leave your name, number, and how many

adults/teens/children in your family

Pick up is the 2nd Wednesday between

12:30pm – 1:30 pm

Cherryville Food Bank

158 North Fork Rd., Cherryville

Contact: **Sharon Harvey** **547.6646**

or Shirley Mitchel **547.6444**

To access this service, call one of the above before 9pm. Short term food is available for those in need of support. Needs filled as required limited to once per month

Good Food Box

Pick-up at Lumby Museum, Lumby

Contact:

goodfoodboxok@gmail.com

A monthly box of quality fresh fruits and veggies.

Open to everyone! Pick-up time 11AM – 1PM

Full order \$20.00, ½ orders \$12.00

Payment can be made at Whitevalley **547.8866**

Community Resource Centre by the second Wednesday of the month unless a holiday is involved.

Saddle Mountain Housing Society

1751 Glencaird St., Lumby

547.2060

Contact: **Eleanor Warner**

Work BC

Employment Services Centre

Contact: **Carmen** **547.6483**

#3, 2095 Shuswap Ave., Lumby, BC V0E2G0

Red Cross Medical Equipment

Loan Service

2809 – 44th Ave. Vernon BC V1T 7P4 **545.3111**

Hours: 9:00 – 1:00 **Fax: 545.3116**

Monday – Friday

RCMP Lumby Detachment

2208 Shuswap Ave. **547.2151**

Corporal Wade Harvey

Constable Mark Bugera

Constable Mark Noseworthy

Constable Ashley Gravelle

Secretary Rose Lavery

Lumby Thrift Store

Arbor Mall – 1879 Vernon Street **778.473.3003**

(beside the Dollar Store) Hours:

Tuesday – Saturday 10AM – 3PM

Drop off depot for donations of clean, good quality clothing. Contact: **Jean Galli**

www.lumbythrift.webs.com

Lumby Volunteer Fire Department

1769 Shuswap Ave. **547.9516**

Contact: Fire Chief – **Tony Clayton**

lumbyfire@shaw.ca





Cherryville Social Resources

Check out the Cherryville
website www.Cherryville.net

Cherryville APC (Advisory Planning Commission)

Chairperson: *Clint Whitecotton* **547.6550**

apc@cherryville.net

Cherryville & Area Historical Society

425 Highway 6, Cherryville BC, V0E 2G3

Contact: *Charolette Hanaghan* **547.2430**

historical@cherryville.net

www.cherryville.net/historical.html

Cherry Ridge Management Committee (CRMC)

158 North Fork Rd. Cherryville BC, V0E 2G3

Contact: *Joyce Fleury* **308.2866**

Email: crmc@cherryville.net

www.cherryville.net/crmc.html

Cherryville Artisans Association

82 Beaven Road, Cherryville BC, V0E 2G1

Contact: *Helen Kovacs* **547.2070/0020**

Email: reddogglasstudio@gmail.com

Reddogglasstudio.com

Cherryville Community Food Bank Society

158 North Fork Rd., Cherryville

Contact: *Sharon Harvey* **547.6646**

Thursdays 3:30 – 4:30pm

foodbank@cherryville.net and on Facebook

Cherryville Seniors Society

Contact *Diana Verhage* **309.1024**

Cherryville & District Community Shooting Range Association

Membership Info: *Chris* **778.858.2951**

Cherryville Elementary PAC

(Parents Advisory Committee)

Contact: *Jen Macleod*

250.547.6163 pac@cherryville.net

Cherryville Richlands Community Cemetery

12 Hammond Road,

Contacts: *Charolette Hanaghan* **547.2430**

Jim Johnson **547.9403**

Lawrna Myers **309.5230**

Richlandscommunitycemetery@gmail.com

Cherryville Rink Society

Contact: *Eric/Lisa Larson* **547.6236**

Cherryville Rink Society

www.cherryville.net/rink.html

Cherryville Community Club/Hall

158 North Fork Rd. Cherryville BC, V0E 2G3

Contact: *Lynne Frerichs* **547.6540**

communityclub@cherryville.net

www.cherryville.net/communityclub.html

Country Clothesline Second Hand

Wed – Sat 10AM – 4PM Seasonal opening

Contact: *Natalie Fleming* **306.7838**



Lavington Social Resources

Lavington Community Association

President: *Gord McPherson*

9775 School Road, Coldstream, BC, V1B 3G4

250.308.8197 (leave message)

North Okanagan Valley Gleaners

Processing Plant:

973 Whitevale Road, Lavington, BC Telephone:

250.558.5872

Adult Recreation at Lavington Elementary School

Co-ed Volleyball – Tuesday and Friday 7-9:30PM

Co-ed Fitness – Monday and Thursday 7-8:30PM

Co-ed Walk/Run – Tues, Wed, and Friday 6-7PM

250.545.1710

Lavington Volunteer Fire Department

Fire Chief: *Marty Wright*

9739 School Road, Coldstream, BC, V1B 3G4

250.542.6878

Lavington Elementary PAC

(Parent Advisory Committee)

Lavington Elementary School

9715 School Road, Coldstream, BC V1B 3G4

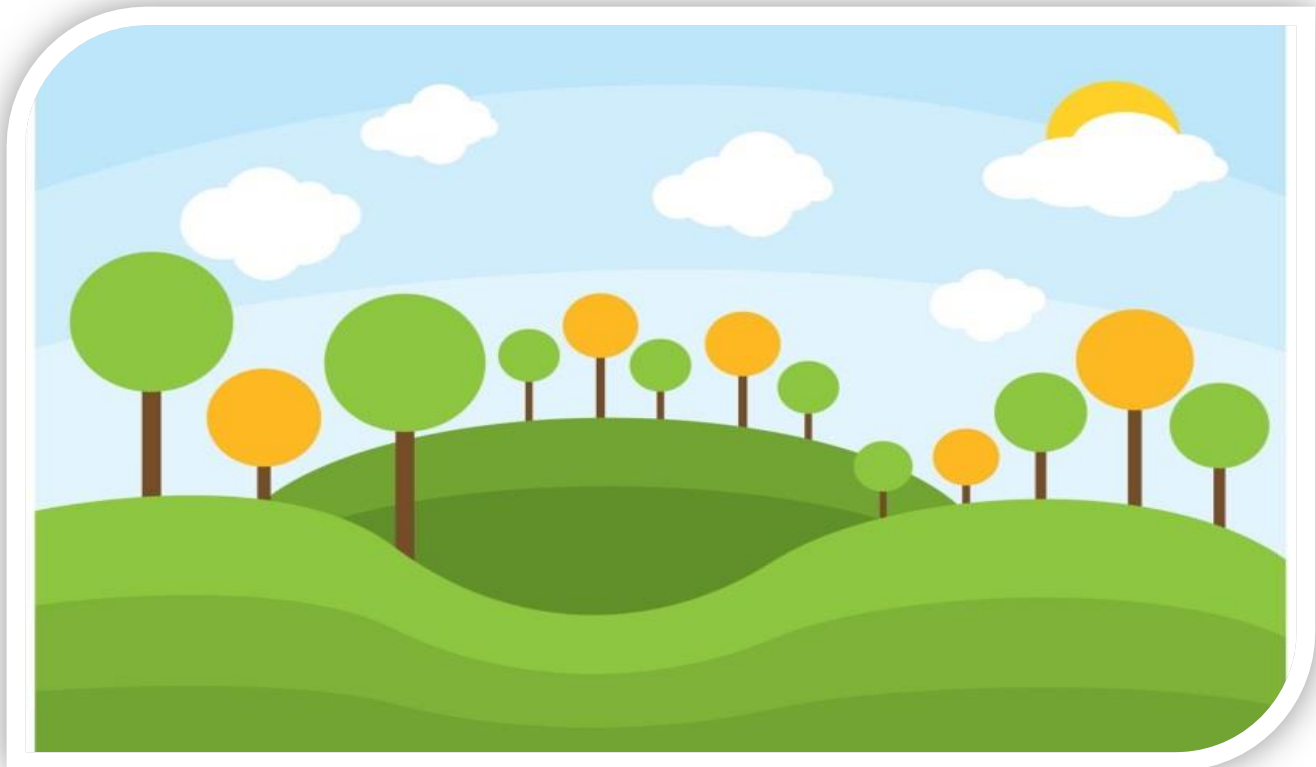
Contact: *Julie Kentel*

250.545.1710

Lavington Preschool

9715 School Road, Coldstream, BC V1B 3G4

250.542.9200



School Information



J.W. Inglis Elementary School

547.9231

Principal: *Mary Takasaka*

Fax: 547.9469

Vice Principal: *Josh Gutknecht*

P.A.C. contact: *Alexis Allshorn*

Cherryville Elementary

547.6163

Principal: *Devon Tyssen*

Fax: 547.0142

P.A.C. contact: *Jen Macleod*

pac@cherryville.net

Lavington Elementary

547.1710

Principal: *Lance Johnson*

Fax: 545.7158

P.A.C. contact: *Julie Kentel*

Okanagan Waldorf School

547.9212

Principal: *Ms. Andrea Thiessen*

730 Whitevale Road, Lumby B.C. V0E 2G7

info@okanaganwaldorfschool.org

Charles Bloom Senior Secondary

547.2191

Principal: *Melissa Yurkowski*

Vice Principal: *Andrew Affleck*

Counselors: *Christina Fenn & Laura Masinipieralli*

P.A.C. contact: *Chelsey Hacking*

CrossRoads School

547.2593

Contact:

Vernon School Board Office

542.3331

School District 22 Trustees:

Gen Acton

gacton@sd22.bc.ca

Lori Mindnich

lmindnich@sd22.bc.ca

Trustee Contact – *Lynn Jameson*

(for Trustee in your area)

549.9226



The Early Years Center

547-9212

Contact: *Laurel Cowburn*

730 Whitevale Road, Lumby B.C.

Offering daycare, preschool and after school care

info@okanaganwaldorfschool.org

Lumby & Cherryville Preschool

547.8866

Contact: *Jade Hamilton*

Offering a variety of morning and afternoon

programs.

Lumby Location

White Valley Community Centre

2260 Shields Ave, Lumby

Teacher: *Jade Hamilton*

Cherryville Location

Cherryville Community Hall

158 North Fork Rd, Cherryville

Mon. and Thurs. 9:00 AM – 12:30 PM

Sept. – June

Teacher: *Cathie Hymas*



Local Churches

Lumby Christian Church 547.2080

Pastor Shane Mattenley

1962 Maple Street, Lumby BC V0E 2G0

Lumby United Church 981.4023

Reverend Lily Watson

Hall: 542.2487

2012 Park Avenue, Box 463, Lumby BC V0E 2G0

Service 11:00AM

Sacred Heart Catholic Church 547.9070

2202 Park Avenue, Lumby BC V0E 2G0

Rev. Peter Nguyen, Rev. Swann Kim

Service: Mon – Sat 9:00AM

Saturday 5:30PM

Sunday 9:30PM

Catholic Women's League 307.2196

President: Kathleen Elliman

547-6113

Barb Michaud

Located at Sacred Heart Catholic Church

Involved in charity, Food Bank and other community activities.

Lavington Fellowship Baptist 545.9390

9681 School Road, Lavington BC V1B 3G4

Pastor Keith Pickerill

Service: Sunday 10:00AM

Youth & Youth Contact: Russ Phillips

Cherryville Gospel Church 547.6646

Sharon Harvey

77 Aumond Road, Cherryville BC

Service & Sunday School Program

10:30AM

Richlands Seventh Day Adventist Church

12 Hammond Road, Cherryville BC

Pastor Justis St. Hilaire

Email: jkherman522@gmail.com

Contact Karen Herman

547.1477

Service Times:

Sabbath School 9:30 AM

Worship Service 11:00AM

Kingdom Hall of Jehovah's Witnesses 547.8822

256 Mabel Lake Road, Lumby BC V0E 2G5

www.jw.org & www.watchtower.org



Service Clubs

Lumby Days Society

Box 303, Lumby BC V0E 2G0 **547.6360**
 Contact: *Merna Alexander*
 Meetings 3rd Thursday of the month
 7:00 pm @ Curling Club www.lumbydays.ca

Lumby & District Chamber of Commerce

President: *Dwayne Hackett* **547.2300**
 1882 Vernon Street, Box 534 **Text: 540.3266**
 Lumby BC V0E 2G0
 Sept. – May: Mon. - Fri. 9AM – 3PM
 June, July, August- 7 Days/wk. 9AM – 5PM
lumbychamber@shaw.ca

Monashee 50+Club OAP Hall Club

1737 Glencaird St. **547.6417**
 Branch #117, Box 1099 **Cell: 306-6381**
 Lumby BC V0E 2G0
 Contact: *Cindy Derry*
 Open to 50 years and over.

Lumby Lions Club

Contact: *Mike Takahashi* (President) **547.9335**
 Marlene Stark (Vice President)
 PO Box 415, Lumby, BC, V0E2G0
 Meets 2nd & 4th Tues 7PM

Pythian Sisters

Contact: *Margaritte Dohlman* **547.9451**
 Meets 1st and 3rd Wednesday
 1:30PM at United Church. Deli Trays available

Mabel Lake Community Club

111 Shuswap Falls Rd.
 Contact: *Doug Neil*
 Mlccrc.ca rental@mlccrc.ca

Royal Canadian Legion

2016 Miller St. Lumby BC V0E 2G0 **547.2338**
 Contact: *Colleen Fielding* (President)
 Rentals: Lori Mindnich
 General Meeting - 3rd Wed. @ 7 PM

Lumby & District Health Services Society

Contact Barb Dyck **547.9741**
<http://lumbyhealthunit.org>

Lumby & District Senior Citizens Housing Society

1751 Glencaird St. **547.2060**
 Box 565, Lumby BC V0E 2G0
 Contact: *Jody*
info@saddlemountainplace.ca

Cherryville Community Club

158 North Fork Rd., Cherryville Email:
cherryvillecommunityclub@Cherryville.net
 Contact: *Lynne Frerichs* **547.6540**
 Meets 2nd Tues of month, 7:30 pm
 @ Cherryville Community Hall
www.cherryville.net/community club.html

Lumby & District Public Market

May to October, Saturdays 9 - 1
 The Community Oval Park, Norris & Glencaird
 Contact: *Elsie Manahan*, **549.0744**
Colleen Fielding **547.7942**
lumbypublicmarket@hotmail.com



Recreational Services

White Valley Parks, Recreation & Culture

White Valley Community Centre

2250 Shields Avenue

Bookings email: recreation@lumby.ca

Pat Duke Memorial Arena

2270 Shields Avenue

Contact: *Dean Howkins*

Open October – March

Public Skating (Free)

Parent and Tots Skate

Check the lumby.ca website

Community > Parks & Recreation

Pat Duke Arena > Schedule

Minor Hockey

Register: *Brie Watson*

Figure Skating Club

Contact: *Francine Linenko*

Tuesday, Thursday & Friday

Lumby Curling Club

2230 Shields Avenue

Lumby Contact: *Al Alexander*

Mixed League Mon. Wed. Fri. - 7:00PM

Friday Junior League

Tues and Thurs – 9:30AM seniors and drop in

Saturday open for rentals, banquet room and

5PAC mixed

Lumby Pool

1811 Glencaird Street

Open: May through August

Lumby Lightning Swim Club

Contact: *Jeff Scott* — www.lumbylightning.ca

Lumby Lions Campground

May to October

Girl Guides

Contact: *Rachelle Lowe*

309.4341



778.212.2354

547.6060

547.2377

547.6835

503.1174

547.2005

547.2596

Monashee Arts Council

1975 Vernon Street, Lumby

778.473.3029

Open Tues. & Thurs. 9AM – 1:30PM

Contact: *Jennifer Greenwood*

Email: monasheeartscouncil@gmail.com

Lumby & District Wildlife Association

Contact: *Dennis Richardson*

547.6708

Stop in at Bloom Wellness or Galaxie Powder

Coating for Membership. Organizes spring and fall trap shoots, pistol and archery tournaments.

Annual Wildlife banquet. Meeting 2nd

Wednesday of each month at 7PM

Lumby Golf Course

Highway 6 East

547.9822

Nine holes, sand greens, 5 minutes from town.

River Ridge Golf Course

1361 Highway 6

547.9660

Nine hole, grass, licensed clubhouse and restaurant.

12 miles east of Lumby in Cherryville

Website:

<https://www.cherryvillervgolfandroadhousecafe.com>



Coldstream Golf Course

12 Dure Meadow Road, Lumby, BC

547.6048

Scottish Style, 9-hole, driving range

Website: <https://coldstreamgolfcourse.com>

Monashee Toastmasters Club

547.9335

Meets 2nd and 4th Tuesdays from

547.6480

7:00 – 8:30 PM. Toastmasters is an opportunity to improve communication & leadership skills with a supportive & fun group of people.

Contact: Mike or Louise mftakahashi@shaw.ca



Libraries

ORL Lumby

2250 Shields Avenue

547.9528

Librarian: *Mitzi Fortin*

Hours:

Tues 10:00AM – 3:00PM

Wed 10:00AM – 3:00PM

Thurs 2:00PM – 7:00PM

Fri 10:00AM – 3:00PM

Sat 10:00AM – 3:00PM

Contact our library or look online for ongoing programs for children & summer reading

www.orl.bc.ca



ORL Cherryville

1114 Highway 6

547.9776

East of Frank's Store in the "Dip"

Hours:

Wed 4:00PM – 8:00PM

Thurs 10:00AM – 2:00PM



Free Internet access is provided at
Whitevalley Community Resource Centre
2114 Shuswap Avenue

Monday – Friday from 9:00AM – 4:00PM

Photocopying, printing and faxing are available as well for a small fee.

For any questions or more information please contact the Whitevalley Community Resource

Miscellaneous

Centre at 250.547.8866 or info@whitevalley.ca

4-H Beef Club

Contact: Janna Quesnel

547.1488

www.bc4h.bc.ca

Army Cadets

Contact: Dianne Blain

503.1705



Pet Soup Kitchen

Located at the People Place

Second Wednesday of each month.

pskvernon@gmail.com

558.6585

Village Council and Committees

1775 Glencaird Street, Box 430, Lumby BC V0E 2G0 547-2171 Fax: 547-6894 www.lumby.ca

email: info@lumby.ca

MAYOR: *Kevin Acton*

Cell: 307.3132

- Director Regional District North Okanagan mayoracton@lumby.ca
- Alternate Member White Valley Parks & Rec. & Cultural Advisory Committee
- Monashee Community LLP Director
- Alternate Delegate to Municipal Insurance Assoc. of BC

COUNCILLORS:

Lorelei Fiset

547.6668

- Lumby & District Chamber of Commerce Liaison
- Monashee Arts Council Liaison
- Alternate Representative Okanagan Reg. Library CouncillorLoreleiF@lumby.ca

Lori Mindnich

547.9284

- Okanagan Regional Library Board Cell: 306.4078
- Lumby & District Health Services Society Liaison
- Lumby & District Senior Housing Society Liaison lorideann2@gmail.com

Sherry Kineshanko

547.6202

- Lumby Food Bank & Thrift Store Liaison
- Lumby & District Museum Liaison
- Whitevalley Community Resource Centre Liaison CouncillorSherryK@lumby.ca

Randal Ostafichuk

308.2010

- Committee Member – White Valley Parks, Recreation and Culture Committee
- Lumby Days Society Liaison
- Alternate Director RDNO
- Delegate to Municipal Insurance Assoc. BC lumbyrandal@gmail.com

VILLAGE OFFICE

547.2171

1755 Glencaird St.

Chief Administrative Officer: *Tom Kadla*

tomk@lumby.ca

Manager of Finance: *Dori Alger*

Manager of Operations: *Roger Huston*

Manager of Corporate Services: *Melanie Wenzoski*

Office: *Cathi Wyatt, Jeri White, Amanda Cole*

Bylaw Officer: *Lee Elliott*

NORTH OKANAGAN

550.3700

REGIONAL DISTRICT (N.O.R.D.)

Fax: 550.3701

9848 Aberdeen Rd.

info@rdno.ca

- Special Permits
- Area Recreation Facilities, Dog Control
- Agriculture Land Reserve (ALR) Zoning Bylaws
- Official Community Plan (OCP), Subdivision Bylaws
- Ground Water Supply
- Requirements

Area "D" (Lumby Rural)

547.2275

Director: *Rick Fairbairn* Rick.fairbairn@rdno.ca

- Electoral Area Advisory Committee
- Regional Growth Management Advisory Committee
- Greater Vernon Advisory Committee

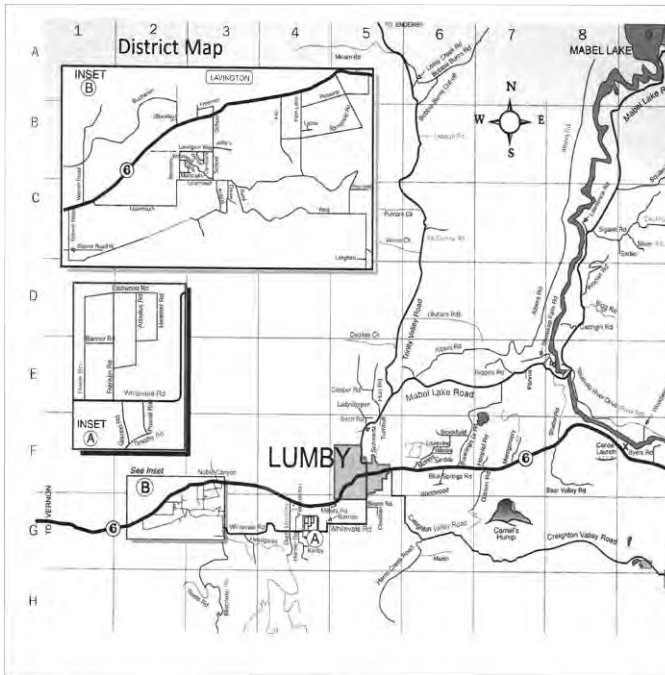
Area "E" (Cherryville)

550.3700

Director: *Hank Cameron* hank.cameron@rdno.ca

- Electoral Area Advisory Committee
- White Valley Parks, Recreation and Culture Advisory Committee
- Regional Growth Management Advisory Committee





Vernon Social Agencies

People in Need Crisis Line 1.888.353.2273

24 hours, 7 days a week. Telephone intervention program provides listening and information for people lonely and depressed or in crisis. Providing referrals for community services and interventions if necessary.

Office: 545.8074

Good Morning Program (operated by Crisis Line)

Check in phone call to seniors living in own home. Referrals can be by self or family, friends, or professional

545.8074

Family Resource Centre 545.3390

#201, 3402 27th Ave. Vernon

Offers family and sexual abuse counseling, intervention for children, women and men; Healthy Families project; Community Support Volunteer, Elderly Services Support; Marriage Preparation, library services. Services are free and confidential. There may be a minimal cost for some programs. www.vernonfrc.ca

Vernon Women's Transition House

542.1122

Emergency shelter for women with or without their children. Lifeline teen pregnancy program, residential care from fifth month of pregnancy to three months after birth; victim's assistance, along with the second stage program. Emergency transportation assistance available from our community.

North Okanagan Youth and Family Service

545.3572

Fax: 545.1510

3100 –32nd Ave., Vernon Offers counseling and support services to children and their families. Access varies from program to program. noyfssreception@noyfss.org

Seniors Services of North Okanagan

102-3201- 30 St.

545.0585

seniors@nexusbc.ca



Adult Alcohol and Drug

549.5737

Services/Vernon Health Unit

1440-14th Ave

Provision of clinical alcohol and drug services to adults, community preventative programs.

Specialized Victims' Assistance

542.3322

Service & legal Advocate Program

Fax: 542.3224

210-3001-27 St. (Court House)

A support and advocacy service for spousal assault, sexual assault, child sex abuse and elder abuse.

Hours: Monday - Friday 9:00 – 4:30

Contact: Colleen Hoople

email: colleen.hoople@vwts.ca

Corrections Branch

503.4406

Probation Officers

Youth Probation(MCFD)

558.2700

North Okanagan Hospice Society

503.1800

Volunteer and professional support to the terminally ill and their loved ones. Social, emotional, spiritual, grief and bereavement counselling.

Volunteer visits in home and 24 hour residential care at Hospice House at the end of life.

info@nohs.ca

Legal Advocate

542.3555 EXT 209

Women's Transition House

Drop-Ins on Wednesdays - 9 -3:30

Contact: *Cindy Pepper*

#102- 3301 24th Ave, Vernon, BC





Vernon Social Agencies

Women's Outreach Worker 542.1185
with the Vernon Women's Transition House

BC Housing and BC Registry 1.800.257.7756

Boys & Girls Club 542.3121

Canadian Cancer Society 542.0770

Community Living Life skills Program 549.2744

Eating Disorder Program 542.7111

Learning Disabilities Association 542.5033

NeighbourLink 558.5527
Local Churches help people of the community
with food, transportation, etc.

Independent Living Vernon 545.9292
Creates sustainable community links by working
for societal change and removing barriers for
people with disabilities.

**Ministry of Social Development and Social
Innovation** Toll Free: 1.866.866.0800
Employment and Fax: 1.855.771.8798
Income Assistance Office
2600 48th Avenue Vernon

Seniors Action Network (SAN) 250.545.0585

Ministry of Children and Family Development Services

Vernon Protection Services 558.2700
2809 28th St Vernon, BC V1T 4Z5
Investigations of child protection complaints,
new request for services and general inquiries.
Provides services to families and children who
are in the Ministry's care temporarily.
Responsible for the recruitment and retention of
Family Care homes and contract Child Care
resources.

Integrated Youth Service Office 558.2700
2809 28th St Vernon, BC V1T 4Z5
Youth probation services, guardianship services
to children in care, age 13-18, mental health
counseling, voluntary family & youth counseling.

Aboriginal Child & Family Services Team
300-3100 30th Ave 549.5533
Team Leader: Janice Richardson
Providing services to Aboriginal families

Child & Youth Mental Health 545.3390
with the Family Resource Centre
3007 – 35th Ave Vernon
Or 3402 – 27th Ave, Vernon
Team Leader: Elaine Jameson



White Valley Community Resource Centre

Board Members 2019

Julie Pilon	President – Village
Curt Reimer	Vice President – Manager Valley First Credit Union
Shawn Pol	Secretary Treasurer - Manager at Scotiabank
Rick Fairburn	Director - RDNO Rep
Wanda Johnson	Director - Cherryville Rep
Larry Thomson	Director
Beverly Danby	Director - Seniors Rep
Melissa Yurkowski	Director - CBSS
Sherry Kineshanko	Director - Village of Lumby Liaison
Wade Harvey	Director - RCMP Rep

This directory is produced and sponsored by Whitevalley Community Resource Centre which is funded by the Ministry of Children and Family Development, United Way Southern Interior, United Way Lower Mainland, Interior Health, Public Health Agency of Canada, School District 22, Village of Lumby, First West Foundation, Regional District of the North Okanagan community partnerships, donations/fundraising.

"We acknowledge the financial support from the Province of British Columbia through the BC Gaming Commission."



White Valley Community Resource Centre

Membership Form

(** are required fields)

Please print:

**Name: _____

**Address: _____

**City: _____ Province: _____ Postal Code: _____

**Phone: _____ **E-mail: _____

**I am a:

- ☐ New Member
☐ Former Member
☐ Receipt Requested

I would like to make a donation in lieu of a membership fee in the amount of;
(memberships are not tax deductible)

- ☐ \$1
☐ \$5
☐ \$10
☐ Other _____

White Valley Community Resource Centre
Relevant Bylaws

- **A member is expected to act in a manner supportive of the Society**
- **Every member shall uphold the constitution and comply with these bylaws**
- **Attendance of members at the Annual General meeting must be in person**

**I understand, accept and agree to;

- ☐ Uphold the bylaws of the Society including those stated above
☐ Receive AGM notice via e-mail

And to receive, via e-mail

- ☐ Newsletter
☐ Notice of upcoming groups, events, etc.

** By signing below, I accept membership into White Valley Community Resource Centre

**Signed: _____ Date: _____

For office use:

- ☐ Update database
☐ Membership card #
☐ Letter

Complete and submit to:

P.O. Box 661, Lumby BC, V0E 2G0

