

September

Seniors Drop-In

Monday	Wednesday	Friday
<p>2</p> <p>Labour Day Holiday No programs today!</p>	<p>4</p> <p>9:00 Coffee's on & the paper's here!</p> <p>10:00 Wellness Drop-In</p> <p>12:00 Lunch Roast chicken, mac'n'cheese, seasonal veg & chocolate brownies with ice cream</p>	<p>6</p> <p>9:00 Coffee's on & the paper's here!</p> <p>10:00 Gazebo Coffee Klatch</p> <p>12:00 Back to School Lunch! Tomato soup, grilled cheese sandwich, coleslaw & rice pudding</p> 
<p>9 National teddy bear day!</p> <p>9:00 Coffee's on!</p> <p>10:00 Knitting Circle</p>  <p>12:00 Breakfast at Lunch! Eggs, sausage, pancakes, hash browns, sautéed mushrooms, grilled tomato & fruit salad with teddy grahams</p> 	<p>11</p> <p>9:00 Coffee's on & the paper's here!</p> <p>10:00 Crafts Project: Gnomes! *must pay \$2.00 at sign up by September 6th</p> <p>12:00 Lunch Shepherds' pie, fresh veg & apple pie with cream</p>	<p>13</p> <p>9:00 Coffee's on & the paper's here!</p> <p>10:30 Music with Vinnie</p>  <p>12:00 BBQ Lunch Smokies, potato salad, waldorf salad & ice cream bar</p>
<p>16</p> <p>9:00 Coffee's on!</p> <p>10:00 Knitting Circle</p>  <p>12:00 Lunch Potato & leek soup, crusty bun, salad & lemon meringue pie</p>	<p>18</p> <p>9:00 Coffee's on & the paper's here!</p> <p>10:00 Wellness Drop-In</p> <p>12:00 Lunch Roast beef, mashed potatoes, yorkies, veg & fruit sorbet</p>	<p>20</p> <p>9:00 Coffee's on & the paper's here!</p> <p>10:00 Gazebo Coffee Klatch</p> <p>12:00 Lunch Chicken ala king, mixed veg & pineapple upside down cake</p>
<p>23</p> <p>9:00 Coffee's on!</p> <p>10:00 Knitting Circle</p>  <p>12:00 Lunch Meat loaf, baked potato, corn & peach pie with cream</p>	<p>25</p> <p>9:00 Coffee's on & the paper's here!</p> <p>10:00 Welcome Fall Bingo! *bring your nickels!</p> <p>12:00 Lunch Pork casserole, dumplings & baked apples</p>	<p>27</p> <p>9:00 Coffee's on & the paper's here!</p> <p>10:30 Music with Vinnie</p>  <p>12:00 Goodbye Summer BBQ Bacon cheeseburger, coleslaw, potato salad & birthday cake</p>
<p>30</p> <p>9:00 Coffee's on!</p> <p>10:00 Knitting Circle</p>  <p>12:00 Lunch Lasagne, Caesar salad, garlic toast & banana split</p>		

Seniors Drop-In takes place in the Dogwood Lounge at Saddle Mountain Place
Lunch is served between 12:00 and 12:15