



April

Seniors Drop-In

Monday	Wednesday	Friday
<p>1 10:00 Knitting Circle 12:00 Lunch Minestrone soup, salad, bun and dessert <i>April Fools' Day!</i></p> 	<p>3 <i>National find a rainbow day!</i>  10:00 Wellness Check your blood pressure, weight & glucose levels 12:00 Lunch Pork stroganoff & noodles, broccoli salad and dessert</p>	<p>5 10:30 Music with Vinnie & Stoo 12:00 Lunch Spinach salad, 'Bangers & Mash', peas, fried onions and dessert</p>
<p>8 10:00 Knitting Circle 12:00 Lunch Ham & cheese quiche, salad and dessert</p>	<p>10 10:00 Easter Bingo Bring your small change! 12:00 Lunch Chicken & mushroom fettucine, garlic toast, caesar salad and dessert</p>	<p>12 10:30 Music with Stu & Vinnie 12:00 Lunch Homemade tomato soup, grilled cheese sandwich, greek salad and dessert</p>
<p>15 10:00 Knitting Circle 12:00 Lunch Lasagna, caesar salad and dessert</p>	<p>17 10:00 Spring wreath on gold ring 12:00 Easter Dinner! <i>*reserve your spot*</i> Ham, scalloped potatoes, carrot salad, veggie and Easter dessert</p>	<p style="text-align: center;">Good Friday No programs today!</p> 
<p>22 Easter Monday No programs today!</p> 	<p>24 <i>National pigs-in-a-blanket day!</i> 10:00 Wellness Check your blood pressure, weight & glucose levels 12:00 Lunch Pigs-in-a-blanket, veggies and dessert</p>	<p>26 10:30 Music with Vinnie & Stoo 12:00 Birthday Lunch Roasted chicken thighs, potatoes, broccoli, garden salad and birthday cake</p> 
<p>29 10:00 Knitting Circle 12:00 Lunch Meatloaf, mashed potatoes & gravy, veggies and dessert</p>	<p style="text-align: center;"> <i>Will April showers bring May flowers?</i></p> 	

Seniors Drop-In takes place in the Dogwood Lounge of Saddlemountain Place.

(778)930-0509

Lunch is served between 12:00 and 12:15

