

SEPTEMBER MENU SENIORS DROP IN

Please note: Lunch is served between 12:00-12:15

1751 Glencaird Street, Saddle Mountain Place – (250) 547-8821

Monday	Wednesday	Friday
<p>3</p> <p>STAT</p>	<p>5</p> <p>Salt & Pepper Wings, Veggies & Dip CHEESE PIZZA & CAESAR SALAD Chocolate Cake</p>	<p>7</p> <p>Greek Salad PORK ROAST, GARLIC MASH POTATOES, VEGETABLES & GRAVY Ambrosia</p>
<p>10</p> <p>Egg Rolls & Plum Sauce MEATBALLS/SWEET & SOUR, OVER RICE WITH PEPPERS, ONIONS, PINEAPPLE AND VEGETABLES Fruit Sorbet</p>	<p>12</p> <p>Coleslaw ROASTED CHICKEN WITH PASTA SALAD & CORN Thick Chocolate Ice Cream Milkshake</p>	<p>14</p> <p>Veggie Sticks & Dip ALICE'S LEGENDARY CABBAGE ROLLS, MASH POTATO, PEAS AND GRAVY Carrot Cake</p>
<p>17</p> <p>Salsa & Chips HEARTY VEGETABLE SOUP & MONTECRISTO SANDWICH Angel Food Cake & Berries</p>	<p>19</p> <p>Tomato & Beet Salad SHEPHERS PIE, CABBAGE AND GRAVY Butterscotch Pudding</p>	<p>21</p> <p>Garden Salad BBQ CHEESBURGER, CHIPS AND COLESLAW Fruit Salad</p>
<p>24</p> <p>Caesar Salad LASAGNE, GARLIC TOAST & SEASONAL VEG Banana Split</p>	<p>26</p> <p>Red Cabbage Coleslaw BBQ RIBS, LOADED BAKED POTATO AND CORN Ice Cream Sandwich</p>	<p>28</p> <p>Bruschetta FISHERMANS PIE AND SEASONAL VEGETABLES Treacle Sponge and Custard</p>

MEAL \$6.00

LEFTOVER \$4.00

SOUP/SALAD \$2.00