

JANUARY 2018 SENIOR DROP-IN MENU

Please note: Lunch is served between 12:00 – 12:15
 1751 Glencaird Street, Saddle Mountain Place (250) 547-8821

Monday	Wednesday	Friday
1 	3 V-8 Cocktail Roast Beef & Yorkies Mashed potatoes Vegetables Dessert	5 Cheese, crackers & pickle appetizer Hearty winter soup with ham sandwiches Butter tarts
8 Caesar salad Chicken fettuccini Dilly carrots Apple cobbler w/whip cream	10 Butternut squash soup Pork chops Roasted potatoes Seasonal vegetable Dessert	12 Soup Cabbage Rolls Mashed Potatoes Peas Dessert
15 Devilled eggs Beef stew & warm biscuits Black forest cake	17 Soup Roasted chicken Mashed potatoes Cauliflower & broccoli Fruit salad w/whip cream	19 Tossed salad Chili Cheese buns Dessert
22 Egg rolls Sweet & sour meatballs Steamed broccoli & rice Chocolate pudding	24 Fresh veggies & dip Hearty beef barley soup & grilled cheese sandwiches Dessert	26 Soup Baked ham Scalloped potatoes Vegetables Dessert
29 Fresh melon slices Chicken noodle soup & cobb salad Carrot cake	31 Spinach salad Shepard's Pie Seasonal vegetable Dessert	WATCH FOR CHINESE NEW YEAR / VALENTINE'S DAY / RANDOM ACTS OF KINDNESS DAY / WELLNESS DAY AND MORE - COMING IN FEBRUARY !!!!!!!!!!!!!

FULL MEAL \$6.00

LEFTOVER MEAL: \$4.00

SOUP/SALAD: \$2.00