




## FEBRUARY MENU SENIORS DROP IN

Please note: Lunch is served between 12:00-12:15

1751 Glencaird Street, Saddle Mountain Place

Monday	Wednesday	Friday
		<b>2</b> Spinach salad <b>APPLE PORK CHOPS</b> Roasted potatoes Broccoli & cauliflower Lemon tarts
<b>5</b> Tossed salad <b>PEROGY CASSEROLE</b> Dilly carrots Dessert	<b>7</b> Greek salad <b>FISH FILLETS</b> Rice Vegetables Striped delight dessert	<b>9</b> Caesar salad <b>SPAGHETTI &amp; MEATBALLS</b> Garlic Toast Dessert
<b>12</b> <b>FAMILY DAY</b> <b>STAT HOLIDAY</b>  	<b>14</b> V-8 cocktail <b>ROAST BEEF &amp; YORKIES</b> Mashed potatoes & gravy Seasonal vegetables Dessert  	<b>16</b> <b>CHINESE FOOD</b>    <b>CHINESE NEW YEAR</b>
<b>19</b> Fruit juice & melon wedges <b>SHEPARD'S PIE</b> Garden salad Dessert	<b>21</b> Soup <b>LEMON PARMESAN</b> <b>GARLIC CHICKEN</b> Mashed potatoes Green Beans Dessert	<b>23</b> Cauliflower soup <b>MEXICAN LASAGNA</b> Garlic toast Pudding
<b>26</b> Coleslaw <b>HOLLANDAISE EGG BAKE</b> <b>WITH FRUIT SALAD</b> Dessert	<b>28</b> Tossed Salad <b>ROASTED CHICKEN IN</b> <b>MUSHROOM GRAVY</b> Hot noodles Seasonal vegetables Gingerbread cake & sauce	<b>WATCH FOR ST. PATRICK'S</b> <b>DAY / EASTER</b> <b>CELEBRATIONS / WELLNESS</b> <b>DAY AND MORE – COMING</b> <b>IN MARCH !!!!!!!</b>

MEAL \$6.00

LEFTOVER \$4.00

SOUP/SALAD \$2.00

