Whitevalley Community Resource Center

Seniors Drop-In

April 2018

Monday	Wednesday	Friday
2 10:00 Knitting Circle 12:00 Lunch	9:00 Bingo 10:30 Paramedic Drop-In 12:00 Lunch	6 10:30 Music with Vinnie 12:00 Lunch
9:15 Agility 10:00 Knitting Circle 12:00 Lunch	9:00 Bingo 10:30 Craft Beaded Suncatchers *sign up required 12:00 Lunch	13 10:30 Jest for Fun! 12:00 Lunch
16 9:15 Agility 10:00 Knitting 12:00 Lunch	18 9:00 Bingo 10:00 Wellness Diet and Arthritis 12:00 Lunch	20 10:30 Music with Stu 12:00 Lunch
9:15 Agility 10:00 Knitting Circle 12:00 Lunch	9:00 Bingo 10:30 Smoothie Time 12:00 Lunch	27 11:00 Cedar Bridge School 12:00 Lunch
30 9:15 Agility 10:00 Knitting 12:00 Lunch	Will April showers bring us May flowers?	

Seniors Drop-In is held in the Dogwood Lounge of Saddlemountain Place.

Lunch is served between 12:00 and 12:15 and costs \$6.00.