

Seniors Drop-In

February

Monday	Wednesday	Friday
February is Random Acts of Kindness month!		2 10:00 Jest for Fun 12:00 Lunch
5 9:15 Agility 10:00 Knitting Circle 12:00 Lunch	7 9:00 Bingo 10:00 Paramedic Drop-In 10:30 Craft 12:00 Lunch	9 10:30 Music with Vinnie 12:00 Lunch
12 Family Day Holiday No Drop-In today!	14 9:00 Bingo 12:00 Valentine Lunch	16 11:00 Cedar Bridge School visit 12:00 Chinese New Year Lunch
19 9:15 Agility 10:00 Knitting Circle 12:00 Lunch	21 9:00 Bingo 10:00 Wellness Topic: Humor 12:00 Lunch	23 10:30 Music with Stu 12:00 Lunch
26 9:15 Agility 10:00 Knitting Circle 12:00 Lunch	28 9:00 Bingo 10:00 Smoothie Time 12:00 Lunch	

Seniors Drop-In is held in the Dogwood Lounge of Saddle Mountain Place.

Lunch is served from 12:00 to 12:15 and costs \$6.00.