

HOW WE  
WANT  
GRIEF TO  
WORK



HOW GRIEF  
ACTUALLY  
WORKS



## Coping with Loss

A grief group offered by Whitevalley Community Resource Centre  
Presented by;

Rita Paré, (MACP,RCC)

Kinga Korbus, (RSW,BSW)

When someone else's life ends, someone else's grief begins.  
Join others in learning more about grief and how to  
continue on with life after loss.

Wednesdays, 10 am – 12 noon

December 7th, 2016

December 14th, 2016

Holiday Break

January 4th, 2017

January 11th, 2017

January 18, 2017

January 25, 2017

For more information call Rita or Kinga and/or to register....

Call 250 547 8866

If you're grieving, you don't have to do it alone.....