

Community Organizations & Services

Lumby, Lavington, Cherryville & Area

Whitevalley Community Resource Centre
250.547.8866
www.whitevalley.ca



February 2018



Whitevalley Community Resource Centre

2114 Shuswap Avenue, Box 66l, Lumby, BC V0E 2G0

Phone: 250- 547-8866 Fax: 250- 547-6285

www.whitevalley.ca

E-mail: info@whitevalley.ca

The Whitevalley Community Resource Centre is a community-based, non-profit organization. The Centre operated under auspices of the Lumby & District Community Services Society from 1989 until October 1995, when it became an independent society. An Executive Director directs the day-to-day operations with the support and guidance of the Whitevalley Community Resource Centre Society Board. Volunteers are the driving force behind the organization.

Mission Statement

Whitevalley Community Resource Centre

Promotes and Supports

The Health and Well-being of our Community.

Our Vision

“To provide inclusive and quality service

that supports the strengths of the community”

Inside:

Whitevalley Community Resource Centre	1-3	Recreational Services	10-11
Medical and Health Services	4	Village Council and Committee	12
Lumby and District Social Resources	5	Map of Lumby	13
Cherryville Social Resources	6	Vernon Social Agencies	14-15
Schools	7	2014 Board Members	16
Churches	8	Membership Form	17
Service Clubs	9		

WHITEVALLEY COMMUNITY RESOURCE CENTRE

2114 Shuswap Avenue, Box 661, Lumby, BC V0E 2G0

Phone: 250- 547-8866 Fax: 250- 547-6285

www.whitevalley.ca

E-mail: info@whitevalley.ca



The Centre provides an accessible, comprehensive resource centre for people in need of information and assistance. Programs include areas of parenting, drug and alcohol prevention counselling, peer support as well as support and services for young moms, youth, seniors, parents and victims of family violence. We also offer a referral service for individuals to services and helping agencies within the area.

Resource Library

Containing books, pamphlets and videos on topics such as health (Alzheimer, arthritis, etc.) family (pregnancy, children, etc.), training opportunities (resume writing, public speaking, etc.) and more.

Volunteer Programs

We recruit, train, and place volunteers in various community positions, as well as in our own programs.

Community Information Boards

Current postings of workshops and events and volunteer/employment opportunities.

Counsellors

Charlie McGarrity, CLS
Sandra Wagner, BSW
Valerie Richards, BSW
Rita Pare, MACP
Jessa Joles, BA CPC
Nicole Vath, BA

Drug & Alcohol Prevention Worker

Youth- *Jessa Joles, BA, CRC*

School Based Outreach Program

Charlie McGarrity, CLS, Sandra Wagner, BSW, Jessa Joles, BA CRC, Monica Martin, BSW

A counselling and support program for students where home or community is impacting their ability to be successful at school. Referrals through school-based team.

Community Mental Health Worker

Charlie McGarrity, CLS, Rita Pare' MACP, RCC Valerie Richards, BSW. One-on-one support, life skills coaching and information and referrals to Vernon & Area Mental Health

Parenting Classes

Workshops, support groups and classes for: Parents of toddlers, parents of teens, new parents, and blended families on topics such as discipline, communication, self esteem, anger management and conflict resolutions. Please call if interested.

Cherryville Parent and Tots

A program for parents/caregivers and their children birth - 6. This free drop in program includes music, crafts, cooking and fun. Every Wednesday from 10:00 – 12:00 at the Cherryville Community Hall. A healthy snack is provided. Contact: *Kara Zeolkowski -547-8866*

After School Programs:

Kid's Zone – Ages 5 – 12, Cherryville
Nov. – Mar. Contact: *Cathie Hymas 547-8866*

Kids Space – Kindergarten – Gr. 6-Lumby
Sept. – June. Contact: *Brandin Charlebois 547-8866*

**“Good Times Together”
(Parent and Tots Group)**

This free program is for our families and their tots from birth to 6 years old. This drop in program is semi structured and provides a fun and social atmosphere for all. There are free play sessions, guest speakers, field trips and much more. We have two childcare providers that help to assist with the child minding while parents have time to meet new friends, listen to guest speakers and learn new skills. Please bring a labeled snack and drink for your child(ren) and we will help to provide a small healthy snack and coffee/tea for the parents.
Thursdays 9:30 – 11:30 – Sept. – June
Break through Christmas holidays

Watch for the Fall Schedule for;

- Adventures in Cooking
- Nobody’s Perfect Parenting Program
- Parenting Isn’t Easy Parenting Program
- Parent Child Mother Goose

Contact: *Kara* – 547-8866

SENIORS’ PROGRAMS AND SERVICES

Seniors’ Drop-In Program is held at 1751 Glencaird St, Saddle Mountain Place. Come and join us on Mondays, Wednesdays and Fridays, 9:00am -1:30pm. Meals cost only \$6.00 per person. For information on various activities call Colleen at 250-547-8821

Activities include;

- hot, nutritious lunch
- guest speakers
- wellness sessions
- crib tournaments
- field trips
- in/outdoor games
- crafts
- exercise programs
- sing-a-longs and more

Respite is available during the Drop-In program.

Contact: *Colleen*

Intergenerational Program

“Linking Generations” is a program that provides the opportunity to connect seniors, youth and young adults together through a variety of activities. Would you like to get involved?

Contact: *Diann Bastian- 547-8866*

Healthy Living – Aging Well

On the 4th Wed. of each month from 10 – 11 a guest speaker will share health information on subjects of interest to all seniors. Contact: *Diann Bastian*

Senior Services Coordinator

Diann Bastian is available for seniors information, one-on-one support, and referrals to service agencies.

Contact: *Diann Bastian 547-8866*

YOUTH PROGRAMS AND SERVICES

Community Pride

Provides up to 40 hours of paid employment for participating youth ages 14-29. This program provides youth with valuable work experience and gives them the chance to build long-term healthy relationships with adult community members.

Contact: *Jessa Joles - 547-8866*

For more information on Whitevalley Community Resource Centre programs, please call 547-8866

MEDICAL AND HEALTH SERVICES

Public Health

2135 Norris Avenue, Box 520
Lumby BC V0E 2G0
Health Nurses: *Heather Serafin*
(Early Childhood Development,
Communicable Diseases, School Health
Reproductive Health, Breastfeeding
Mothers Support)

Options for Sexual Health

Wednesdays 6:00-9:00
For appt. 547-9741, Drop-ins welcome

547- 2164

Dentist:

2000 Norris Avenue, Box 700
Lumby BC V0E 2G0
Monday – Friday 8:30 – 5:00
Dr. Paula Winsor-Lee
Dr. Remy Winklmeier

547- 2104

Lumby & District Health Services Society

2135 Norris Avenue, Box 520
Lumby BC V0E 2G0
X-Rays: Tuesday 9:15-1:45
Thurs. & Fri. 9:30 – 1:45
Lab: Tuesday 7:30 – 9:45
Thurs. 12:30 – 2:15
HIV, Hep, Eye testing clinic Every 4th
Wednesday 12:00 – 2:00
Contact: Lana Pitt
www.lumbyhealthunit.org
Free water quality testing kits & info

547- 9741

Fax:
547- 9743

Diabetic Clinic

By referral from your doctor to
Vernon Jubilee Hospital.
Open in Vernon
Monday – Friday 8:00 – 4:00
Clinics in Armstrong and Enderby

558- 1210

Lumby I.D.A. Pharmacy

1958 Vernon Street, Box 1030
Lumby BC V0E 2G0
Pharmacist/Owner: Judy Phillips

547- 2324

Ambulance Service B.C.

1785 Miller St., Lumby, B.C.
Contact: Geoff Bick, Unit Chief

547- 6917

Doctors:

Lumby Health Centre

2135 Norris Avenue Box 247
Lumby BC V0E 2G0
Monday to Friday:

Dr. Alex Barss
Dr. Adam Burnett

547- 9741

Vernon Home & Community Care Health Services Centre Interior Health Authority

4505 – 25 St. Vernon BC V1T 4S8
Acute & Long Term Care Health
Services upon referral from client,
family, family physician or other
agencies.
Contact: Intake Clerk for new referrals

541- 2200

Fax:
541- 2244

Bloom Wellness Centre

2161 Shuswap Avenue
Lumby BC V0E 2G0
Mon. 9 – 1 Tues – Fri. 9:00 – 5:00
Kevin J. Acton, RMT
Dr. Dwayne R. Hackett, DC

547- 6066

Fax:
547- 6164

Take Off Pounds Sensibly (T.O.P.S.) -2 clubs

Wednesday Pagoda 3:30 – 4:30
Contact: Delma Wiedeman
Weigh-in Fee \$ 4.00 / month
Membership Fee \$ 48.00 / year

547- 2477

LUMBY & DISTRICT SOCIAL RESOURCES

Lumby Food Bank

Contact: *Bob Wilkinson*
 Emergency Short Term Food Aid
 Call ahead by the 2nd Tuesday of the month
 Leave your name, number, and how many adults/teens/children in your family
 Pick up is the 2nd Wednesday between 12:30pm – 1:30 pm
NEW LOCATION: Beside Thrift Store

547- 2225

Lumby Thrift Store

Arbor Mall – 1879 Vernon Street
 (beside the Dollar Dollar Store)
 Hours: Mon. Wed, Friday 10 - 4
 Tues. & Thurs. 10 - 3
 Drop off depot for donations of clean, good quality clothing.
 Contact: *Jean*
www.lumbythrift.webs.com

778-
473- 3003

Saddle Mountain Housing Society 1751 Glencaird St.. Lumby

Contact Jody Larose@250-547-2060

Cherryville Food Bank 158 North Fork Rd., Cherryville

Contact: Sharon Harvey
 Shirley Mitchell
 Jeanne Arcand
 To access this service, call one of the above before 9pm
 Short term food is available for those in need of support. Needs filled as required limited to once per month

547-6646
547-6444
547-9898



Wheels to Meals

Contact: *Betty Luchak*
 Thursday 11:00 – 2:30 at OAP Hall.
 Rides available if necessary. Music before lunch. Cards, pool & carpet bowling after lunch. \$7.00
 Take out orders by 11:30 please
 Sept – June

(236)
426-0113

Good Food Box

Contact: *Poppy Peacock*
 A monthly box of quality fresh fruits and veggies.
 Open to everyone!
Payment (\$17.00) can be made at the Whitevalley Community Resource Centre by the second Wednesday of the month.

547- 8866
545- 6412

Work BC Employment Services Centre

Contact: *Carmen*
 #3, 2095 Shuswap Avenue

547-6483

Red Cross Medical Equipment Loan Service

2809 – 44th Ave.
 Vernon BC V1T 7P4
 Hours: 9:00 – 1:00
 Mon., Tues., Thurs., Fri.

545- 3111
 Fax:
 545- 3116

Lumby Volunteer Fire Department

1769 Shuswap Ave.
 Contact: *Fire Chief – Tony Clayton*
lumbyfire@shaw.ca

547- 9516
 Fax:
 547- 9094

RCMP Lumby Detachment 2208 Shuswap Ave.

Constable Megan Valenta
Constable Rob Morozoff
Secretary Celine Dantart
Constable Gerry Gutoskie
Constable Mark Bugera
Corporal Jonathan Lechky

547- 2151



CHERRYVILLE SOCIAL RESOURCES

Cherryville APC (Advisory Planning Commission)

Chairperson: Clint Whitecotton
Telephone: 250-547-6550
Email: apc@cherryville.net

Cherryville & Area Historical Society

425 Highway 6, Cherryville BC, V0E 2G3
Contact: Charolette Hanaghan
Telephone: 250-547-2430
Email: historical@cherryville.net
Website: www.cherryville.net/historical.html

Cherry Ridge Management Committee (CRMC)

158 North Fork rd. Cherryville BC, V0E 2G3
Contact: Joyce Fleury
Telephone: 250-308-2866
Email: crmc@cherryville.net
Website: www.cherryville.net/crmc.html

Cherryville Artisans Association

1187 Highway 6, Cherryville BC, V0E 2G1
Contact: Helen Kovacs
Telephone: 250-547-2070/0020
Email: cherryvilleartisans@gmail.com
Website: www.cherryvilleartisans.com

Cherryville Community Food Bank Society

158 North Fork Rd., Cherryville
Contact Sharon Harvey 250-547-6646
foodbank@cherryville.net, [Facebook](#)

Cherryville Seniors Society

Contact Diana Verhaeg 250-547-2130

Cherryville & District Community Shooting Range Association

Contact: Chris Wilcox
Telephone: 250-547-6480

Cherryville Elementary PAC (Parents Advisory Committee)

Cherryville Elementary School
108 North Fork rd. Cherryville, BC, V0E 2G3
Contact: Amanda Derdau
Telephone: 250-547-6163

Cherryville Farmers Market Association

Contact: Heather (Yarrow) Fleury
Telephone: 250-306-2660
Email: farmersmarket@cherryville.net

Cherryville Rink Society

Contact: Eric/Lisa Larson
Telephone: 250-547-6236
Email: rink@cherryville.net
Website: www.cherryville.net/rink.html

Cherryville Community Club/Hall

158 North Fork rd. Cherryville BC, V0E 2G3
Contact: Lynne Frerichs
Telephone: 250-547-6540
Email: communityclub@cherryville.net
Website:
www.cherryville.net/communityclub.html

LAVINGTON SOCIAL RESOURCES

Lavington Community Association

President: Dan Gillies
9775 School Road, Coldstream, BC, V1B 3G4
Telephone: 250-542-5072

North Okanagan Valley Gleaners

Processing Plant:
973 Whitevale Road, Lavington, BC
Telephone: 250-558-5872

Adult Recreation at Lavington Elementary School

Telephone: 250-545-1710
Co-ed Volleyball – Tuesday and Friday 7-9:30PM
Co-ed Fitness – Monday and Thursday 7-8:30PM
Co-ed Walk/Run – Tues, Wed, and Friday 6-7PM

Lavington Volunteer Fire Department

Fire Chief: Marty Wright
9739 School Road, Coldstream, BC, V1B 3G4
Telephone: 250-542-6878

Lavington Elementary PAC (Parent Advisory Committee)

Lavington Elementary School
9715 School Road, Coldstream, BC V1B 3G4
Telephone: Angie Meier 250-545-1710

Lavington Preschool

9715 School Road, Coldstream, BC V1B 3G4
Telephone: 250-542-9200

SCHOOLS

School District Trustees:

Mitzi Fortin 307- 1311
Doris Squair 547- 6530
Trustee Contact – *Lynn Jameson* 549-9205
(for Trustee in your area)

Vernon School Board Office 542- 3331

J.W. Inglis Elementary School 547- 9231
Principal: Mary Takasaka Fax:
Vice Principal: Kyle Doerksen
P.A.C. contact: Sonja Baril 547- 9735

Cherryville Elementary 547- 6163
Vice- Principal: Chris Seabourne Fax:547- 0142
P.A.C. contact: Amanda Derdau
pac@cherryville.net 550-6356

CrossRoads School
Contact: Garry Wong, Site Manager 547- 2593
& *Teacher* gwong@sd22.bc.ca Fax:
547- 8952

Charles Bloom Senior Sec.
Principal: Melissa Yurkowski
Vice Principal: Gus Dusenius
Counselors: Christina Fenn & Laura
Masinipieralli 547- 2191
P.A.C. contact: Jennie Currie Fax:
547- 9553

Lavington Elementary
Principal: Lance Johnson 547- 8994
P.A.C. contact: Angie Meier

545- 1710
Fax:
545- 7158



Free Internet access is provided at
Whitevalley Community Resource Centre
2114 Shuswap Centre Monday-Friday
from 9:00 – 4:00.
For any questions or more information
please contact the Whitevalley Community
Resource Centre.

CHURCHES

Lumby Christian Church

Pastor: Shane Mattenley
1962 Maple Street
Lumby BC V0E 2G0

547- 2080

Lumby United Church

Reverend: Lily Watson
Vernon Street at Park Avenue
Box 463
Lumby BC V0E 2G0
Service 11:00 am

542- 3634
Fax:
542- 1744
Hall:
547- 6368

Sacred Heart Catholic Church

Father Vincent Asomugha
2133 Glencaird
Lumby BC V0E 2G0
Service: Mon – Sat 9:00 am
Saturday 7:00 pm
Sunday 9:30 am

547- 9070

Catholic Women’s League

President: Gail Kopp
Involved in charity, Food Bank and
other community activities.

307-2196

Cherryville Gospel Church

Sharon Harvey
77 Aumond Road
Service & Sunday School Program
10:30 am

547- 6646

Lavington Fellowship Baptist

Pastor Keith Pickerill
9681 School Road
Lavington, BC V1B 3G4
Service: Sunday 10:00 am
Youth & Youth Contact:
Russ Phillips

545- 9390

Creighton Valley Richlands

Community S.D.A Church
Elder- Eldon Lemky
Corner of Creighton Valley &
Hammond Roads
12 Hammond Rd.
Cherryville BC V0E 2G3
Saturday Service- 9:30
Worship- 11:00
Karen Herman

1-250-
575-7809

547- 1477

**Kingdom Hall of Jehovah’s
Witnesses**

256 Mabel Lake Road
Lumby, B.C. V0E 2G5
www.jw.org & www.watchtower.org

547-8822



SERVICE CLUBS

Lumby Days Society
 Box 303, Lumby BC V0E 2G0
 Contact: *Merna Alexander*
 Meetings 3rd Thursday of the month
 7:00 pm @ Village Office
 www.lumbydays.ca

547- 6360

Legion Ladies Auxiliary
 Box 217, Lumby BC V0E 2G0
 Contact: *Janice Mackie*
 Or *Lynda Wilson*
 Meets 2 pm, second Monday of
 month @ Legion, upstairs.
 "All new members welcome"

547- 9770
547- 0023

**Lumby & District Chamber of
 Commerce**
President: Bill Maltman
 1882 Vernon Street, Box 534
 Lumby BC V0E 2G0
 Sept.– May: Mon. - Fri. 9 – 3
 June, July, August- 7 Days/wk. 9 – 5

547- 2300

Fax:
547- 2390

**Lumby & District Health Services
 Society**
<http://lubyhealthunit.org>

547- 9741

lumbychamber@shaw.ca

**Lumby & District Senior Citizens
 Housing Society**
 1751 Glencaird St.
 Box 565, Lumby BC V0E 2G0
 Contact: *Nick Hodge*
 info@saddlemountainplace.ca

547- 2060

**Monashee 50+Club OAP Hall Club
 1737 Glencaird St.**
 Branch #117, Box 1099
 Lumby BC V0E 2G0
 Contact: *Jim Tyndall (President)*
 Open to 50 years and over.

547- 6417

547-0070
(home)

**Cherryville Community Club
 158 North Fork Rd., Cherryville**
 Email: cherryvillecommunityclub@
 Cherryville.net
 Contact: *Lynne Frerichs*
 Meets 2nd Tues of month, 7:30 pm
 @ Cherryville Community Hall
 www.cherryville.net/community
 club.html.

547- 6540

Lumby Lions Club
 Contact: *Garry Redel (President)*
Maurice Richard (Vice President)
 Meets 1st and 3rd Tuesday,
 6:30 at the Community Hall

547- 7900

**778-
 473-0013**

Pythian Sisters
Diana Lock
 Meets 1st and 3rd Wednesday
 1:30 at United Church.
 Deli Trays available

547-9425

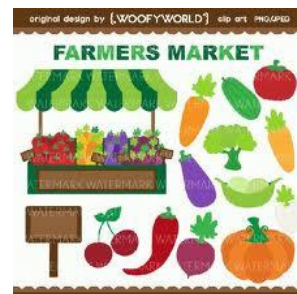
Lumby Public Market
 Saturday 9 - 1
 May to October in the Community
 Oval Park, Norris & Glencaird
 Contact: *Murray*

Mabel Lake Community Club
 111 Shuswap Falls Rd.
 Contact: *Rita Romei*

547-2567

Royal Canadian Legion
 2016 Miller St. Lumby BC V0E 2G0
President: - William McMullen
 General Meeting- 3rd Wed. @ 7 pm.

547- 2338



Recreational Services

White Valley Parks & Recreation 547- 6404
 2250 Shields Avenue
 Contact: *Christine McNeil*
 Recreational programmer for bookings
 of the hall, meeting room, etc.
 recreation@lumby.ca

Skating Arena
 2270 Shields Street
 Contact: *Dave Manson*
 Open October - March

Public Skating (\$2.00)
 Wednesday 2:30 – 4:00 pm
 Saturday 6:00 – 7:30 pm
 Sunday 5:30 – 7:00 pm

Parents and Tots (free) 547- 6858
 Mon, Wed, Fri 11:00 – 12:00

Minor Hockey: 540 - 3097
 Register: *Kevin Porteous*

Swim Club 540 - 3097
Jeff Scott
 www.lumbylightning.ca

Figure Skating Club: 547- 6060
 Contact: *Francine Linenko*
 Tuesday, Thursday & Friday

Lumby Curling Club 547- 2377
 2230 Shields Avenue
 Lumby Contact: *Al Alexander*
 Monday Mixed League - 7:00pm
 Wednesday Mixed League
 Friday mixed curling & Junior League
 Tuesday and Thursday – 9:30 am
 seniors and drop ins
 Saturday open for rentals, banquet
 room and 5PAC mixed

Lumby Pool 547- 6835
 1811 Glencaird Street
 Open: May through August

Lumby Lions Campground 547- 2005
 May to October

Girl Guides 250-306-4927
 Brandy Hansen
brandyhansenguider@gmail.com

Monashee Arts Council 778-473-3029
 1961 Vernon St., Lumby
 (former Family Café)
 Open Tues. & Thurs. 9 – 2 pm
 Contact: *Jennifer Greenwood*
 Email:
 monasheeartscouncil@gmail.com



Artistic Connections Art Program- Learn how to do Watercolor Painting 547-6397
 Tuesdays 12 – 4 at White Valley
 Community Centre Hall
 Contact: *Robin*

Lumby & District Wildlife Association 547-6708
 Contact: *Peter Aussem*
 Organizes Spring and Fall trap
 shoots, pistol and archery
 tournaments. Annual Wildlife
 banquet. Meetings 2nd Wednesday
 of each month at 7:00 pm.

Lumby Golf Course 547- 9890
 Highway 6 East
 Nine holes, sand greens, 5 minutes
 from town.



River Ridge Golf Course 547- 9660
 1361 Highway 6
 Nine hole, grass, licensed
 clubhouse and restaurant.
 12 miles east of Lumby in
 Cherryville

Coldstream Golf Course 547- 6048
 12 Dure Meadow Road
 Scottish Style, 9-hole, driving range

Monashee Toastmasters Club 547- 9335
 Meets weekly on Tuesdays from
 7:00 – 8:30 at the Blue Ox Pub
 meeting room. A toastmaster is an
 opportunity to improve on your
 communication & leadership skills
 with a supportive & fun group of
 people. Contact: *Mike or Louise*
 or
 547- 6480



LIBRARIES

Lumby

2250 Shields Avenue
Librarian: *Mitzi Fortin*

547- 9528

Hours:

Tues 10:00 – 7:00
Wed 10:00 – 2:00
Thurs 3:00 – 7:00
Fri 10:00 – 2:00
Sat 10:00 – 2:00



Contact Library or look online for ongoing programs for children & summer reading program
www.orl.bc.ca

MISCELLANEOUS

4-H Beef Club

Contact: *Margie Bilodeau*

547-6535

www.bc4h.ba.ca

Lumby Preschool White Valley Community Centre

2260 Shields Ave.

Contact: *Christine McNeil*

547- 6404

Leader: *Michelle Mulholland*

Offers a wide variety of morning and afternoon programs.

Cherryville Preschool

547-2555

Teacher: *Cathie Hymas*

Community Hall Cherryville

Mon. and Thurs. 10:00 – 12:30

Sept. - June



Cherryville Library

547- 9776

1114 Highway 6

East of Frank's Store in the "Dip"

Hours:

Wed 4:00 – 8:00 pm

Thurs 10:00 – 2:00



Cadet Leader

Contact: *Dianne Blain*

547-6403



Pet Soup Kitchen

Located at the People Place every **second** Wednesday of each month.



VILLAGE COUNCIL AND COMMITTEES

1775 Glencaird Street, Box 430, Lumby BC V0E 2G0 547-2171 Fax: 547-6894

www.lumby.ca email: info@lumby.ca

MAYOR: KEVIN ACTON

- Director to the Regional District North Okanagan
- Alternate Member of the White Valley Parks and Recreation Committee
- Whitevalley Community Resource Centre Liaison

Cell:
307- 3132
Work:
547- 6066

mayoracton@lumby.ca

Finance Officer: **547-2171**
Jeremy Sundin

Superintendent & Public Works: **547-2171**
Dave Manson

Office: *Jeri White, Bonnie Minor, Melanie Wenzoski, Amanda Cole*

COUNCILLORS:

JULIE PILON

Village Representative to:

- Lumby and District Chamber of Commerce Liaison
- Lumby Food Bank Liaison

547- 6668

CouncillorJulieP@mb.y.ca

NORTH OKANAGAN REGIONAL DISTRICT (N.O.R.D.)

9848 Aberdeen Rd.

550- 3700

Fax:

550- 3701

info@rdno.ca

- Building Inspection, Special Permits
- Area Recreation Facilities, Dog Control
- Agriculture Land Reserve (ALR) Zoning Bylaws
- Official Community Plan (OCP), Subdivision Bylaws
- Ground Water Supply Requirements

LORI MINDNICH

Village Representative to:

- Okanagan Regional Library Board
- Lumby & District Health Services Society Liaison
- Alternate Director Regional District North Okanagan

547- 9284

Cell:
306- 4078
lorideann@shaw.ca

Area "D" (Lumby Rural) Director: RICK FAIRBAIRN

Rick.fairbairn@rdno.ca

547- 2275

- Electoral Area Advisory Committee
- Regional Growth Management Advisory Committee
- Greater Vernon Advisory Committee

NICK HODGE

Village Representative to:

- Delegate to Municipal Insurance Association of BC

547-6202

nick-lumby@mofp.ca

RANDAL OSTAFICHUK

Village Representative to:

- Committee Member- White Valley Parks, Recreation and Culture Committee
- Lumby Days Society Liaison

547-0271

lumbyrandal@gmail.com

Area "E" (Cherryville) Director: HANK CAMERON

hank.cameron@rdno.ca

550-3700

- White Valley Parks, Recreation and Culture Advisory Committee
- Regional Growth Management Advisory Committee
- Electoral Area Advisory Committee

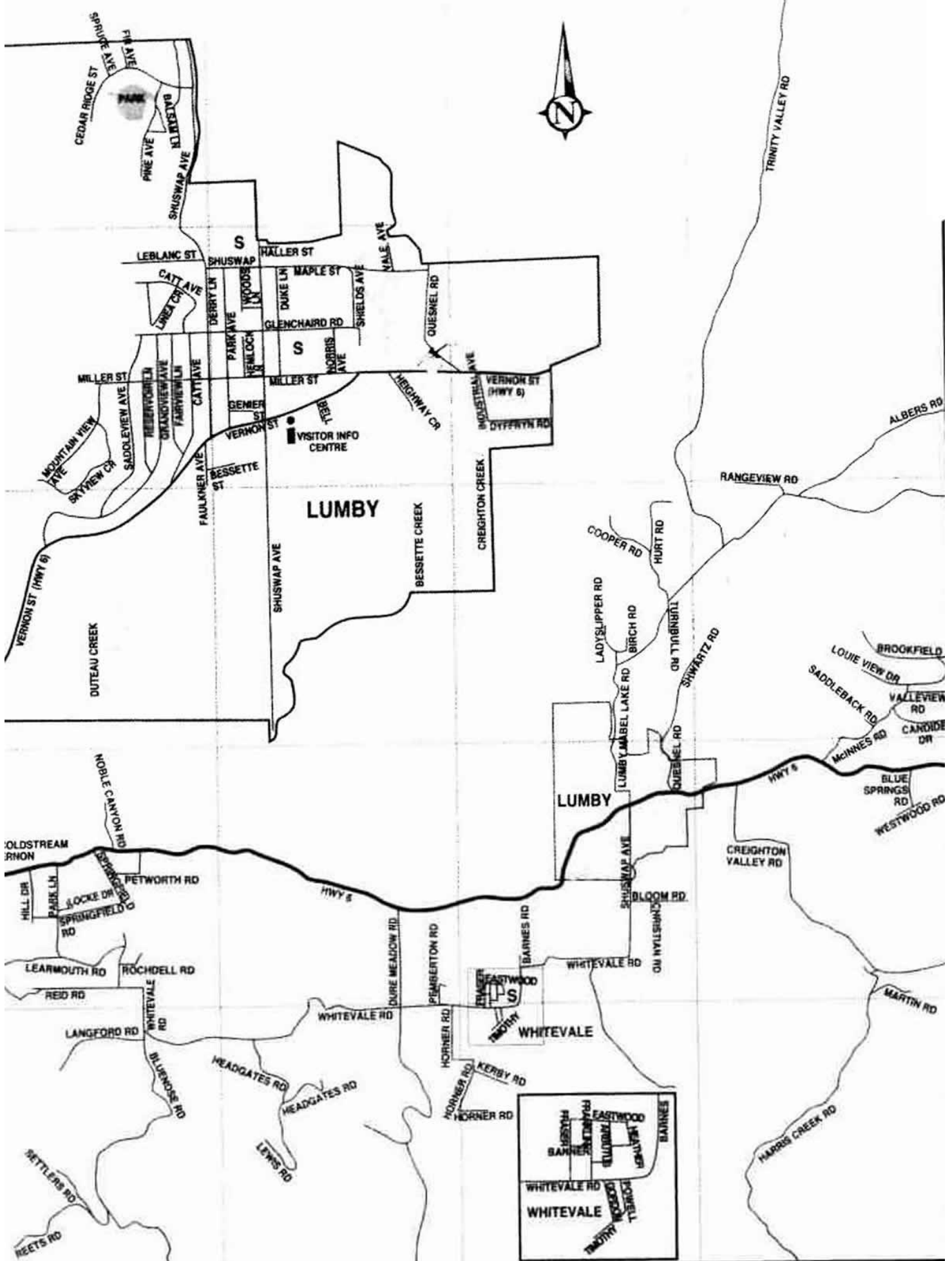
VILLAGE OFFICE

Administrator: *Tom Kadla*
1755 Glencaird St.

547- 2171

tomk@lumby.ca

Recreation Program Coordinator: **547- 6404**
CHRISTINE MCNEIL **547-6349**
Pat Duke Arena **c. 250-309-4341**



Vernon Social Agencies

People in Need Crisis Line

24 hours, 7 days a week. Telephone intervention program provides listening and information for people lonely and depressed or in crisis. Providing referrals for community services and interventions if necessary

1-888-353-2273

**Office:
545 - 8074**

Good Morning Program (operated by Crisis Line).

Check in phone call to seniors living in own home. Referrals can be by self or family, friends, or professional.

545 - 8074

Family Resource Centre

#201, 3402 27th Ave. Vernon
Offers family and sexual abuse counseling, and intervention for children, women and men; Healthy Families project; Community Support Volunteer, Elderly Services Support; Marriage Preparation, library services. Services are free and confidential. There may be a minimal cost for some programs.
www.vernonfrc.ca

545 - 3390

Vernon Women's Transition House

Emergency shelter for women with or without their children. Lifeline teen pregnancy program, residential care from fifth month of pregnancy to three months after birth; victim's assistance, along with the second stage program. Emergency transportation assistance available from our community.

542 - 1122

North Okanagan Youth and Family Service

3100 -32nd Ave., Vernon
Offers counseling and support services to children and their families. Access varies from program to program.
noyfssreception@noyfss.org

545 - 3572

**Fax:
545 - 1510**

Services of North Okanagan Seniors

102-3201- 30 St.
seniors@nexusbc.ca

545-0585

**Fax :
545-5418**

Adult Alcohol and Drug Services/Vernon Health Unit

1440-14th Ave
Provision of clinical alcohol and drug services to adults, community preventative programs.

549 - 5737

Specialized Victims' Assistance Service & legal Advocate Program

210-3001-27 St. (Court House)
A support and advocacy service for spousal assault, sexual assault, child sex abuse and elder abuse.
Hours: Monday-Friday 9:00 – 4:30
Contact: *Colleen Hoople*
email:COLLEEN.HOOPLE@vwts.ca

542 - 3322

**Fax:
542 - 3224**

Corrections Branch Probation Officers

503 - 4406

Youth Probation

558 - 2700

North Okanagan Hospice Society

Volunteer and professional support to the terminally ill and their loved ones. Social, emotional, spiritual, grief and bereavement counselling. Volunteer visits in home and 24 hour residential care at Hospice House at the end of life.

503- 1800

Legal Advocate

Women's Transition House
Drop Ins on Wednesdays - 9-3:30
Contact: Cindy Pepper
#102- 3301 24th Ave, Vernon, BC

**542-3555
Ext 209**

Vernon Social Agencies

<p>Women's Outreach Worker Women's Transition House Contact Lorraine Langley</p>	<p>542 - 1185</p>	<p><u>Ministry of Children and Family Development</u></p>	
<p>BC Housing and BC Registry</p>	<p>1-800-257- 7756</p>	<p>Aboriginal Services Team 300-3100 30th Ave Team Leader: <i>Julie Scott</i>, Clinical Supervisor: <i>Janice Richardson</i></p>	<p>549- 5533</p>
<p>Boys & Girls Club</p>	<p>542- 3121</p>	<p>Providing services to Aboriginal families</p>	
<p>Canadian Cancer Society</p>	<p>542- 0770</p>		
<p>Community Living Life skills Program</p>	<p>549- 2744</p>	<p>Vernon Protection Services 2809 28th St Vernon, BC V1T 4Z5 Investigation of child protection complaints, new request for services and general inquiries.</p>	<p>558- 2700</p>
<p>Eating Disorder Program</p>	<p>542- 7111</p>	<p>Provides services to families and children who are in the Ministry's care temporarily.</p>	
<p>Learning Disabilities Association</p>	<p>542- 5033</p>	<p>Responsible for the recruitment and retention of Family Care homes and contract Child Care resources.</p>	
<p>NeighbourLink Local Churches help people of the community with food, transportation, etc.</p>	<p>558- 5527</p>		
<p>Independent Living Vernon Creates sustainable community links by working for societal change and removing barriers for people with disabilities.</p>	<p>545- 9292</p>	<p>Integrated Youth Service Office 2809 – 28 St. Youth probation services, guardianship services to children in care, age 13-18, voluntary family & youth counseling, and mental health counseling. Team Leader: <i>Jo-anna Lein</i></p>	<p>558- 2700</p>
<p>Ministry of Social Development and Social Innovation</p>	<p>Toll Free: 1-866-866- 0800 Fax: 1-855-771-8798</p>		
<p>Employment and Income Assistance Office 2600 48th Avenue Vernon</p>		<p>Child & Youth Mental Health 3007 – 35 Ave. Team Leader: <i>Elaine Jameson</i> Or 3402 - 27th Ave, Vernon</p>	<p>558 – 2775</p> <p>545-3390</p>
<p>Seniors Action Network (SAN)</p>	<p>250 545-0585</p>		

Whitevalley Community Resource Centre Board Members 2017

Poppy Peacock	Vice President, Lavington Representative
Ross Gordon	Treasurer, Secretary – Mabel Lake Citizen
Corporal Jonathan Lechky	RCMP Representative
Julie Pilon	Village of Lumby
Shawn Pol	Scotia Bank
Rick Fairbairn	RDNO Representative, Rancher
Wanda Johnson	Cherryville Representative
Larry Thomson	Interior Health
Ardis Miller	Lumby Lions
Beverly Danby	Seniors
Zachary Palmer	Director, Valley First Credit Union
Melissa Yurkowski	CBSS

This directory is produced and sponsored by Whitevalley Community Resource Centre which is funded by the Ministry of Children and Family Development, United Way of the North Okanagan Columbia Shuswap, Interior Health Authority, Public Health Agency of Canada, School District 22, Village of Lumby & Regional District of the North Okanagan and community donations/fundraising.

“We acknowledge the financial support from the Province of British Columbia through the BC Gaming Commission.”





**Whitevalley Community Resource Centre
Membership Form
(** are required fields)**

Please print:

** Name: _____

** Address: _____

** City: _____ Province: _____ Postal Code: _____

** Phone: _____ ** E-mail: _____

** I am a:

- New Member
- Former Member
- Receipt requested

I would like to make a donation in lieu of a membership fee in the amount of; *(memberships are not tax deductible)*

- \$1
- \$5
- \$10
- Other _____

WHITEVALLEY COMMUNITY RESOURCE CENTRE

Relevant bylaws

- **A member is expected to act in a manner supportive of the Society.**
- **Every member shall uphold the constitution and comply with these bylaws.**
- **Attendance of members at the Annual General meeting must be in person**

** I understand, accept and agree to;

- Uphold the bylaws of the Society including those stated above
- Receive AGM notice via email

And to receive, via email;

- Newsletters
- Notice of upcoming groups, events, etc.

For office use:

- Update database
- Membership card #
- Letter

** By signing below, I accept membership into Whitevalley Community Resource Centre

** Signed: _____ Date: _____

Complete and submit to:
P.O. Box 661, Lumby, BC, V0E 2G0
Fax : 250-547-6285
E: info@whitevalley.ca